



3 Peaks Challenge

One dark cold afternoon in January 2008, Jeremy walked through the office and said "I know, let's climb the three largest peaks in England in 24 hours, it'll be a laugh". Five other idiots that were present stupidly agreed and that's how our team was formed.

On the 27th September Jeremy, Giles, Julia, Tony, Denis and Mat put themselves through the most gruelling of sporting challenges for charity, to climb the three highest peaks in England, Scotland and Wales back to back in 24 hours!

Their training programmes for the event were as individual as their personalities, they attended group 'spinning' classes and seperately their efforts ranged from Nordic Walking to kickboxing classes.

They started by scaling Ben Nevis in the afternoon, then climbed Scafell Pike through that night and finished with Snowdon. It wasn't easy and they could have bought shares in 'Deep Heat' but they completed the climb and had a great time doing it.

It was a great challenge (despite the sleep deprivation) and the team raised a final figure in excess of £6,500 for the Anthony Nolan Trust Charity. The Trust provides much needed help for children with leukemia and life saving donors for patients in need of a bone marrow transplant.

A few of them fancy Killimanjaro next!